



# Freedom Group Trip Portugal 2026 7th June 2026 for 8 nights

Our first group of 2026 is proposed for Sunday 7th June 2026 – 8 nights Bed & Breakfast to the 4\* Pestana Cascais Hotel.

The Pestana Cascais is a 4-star hotel located in one of the most luxurious areas of Lisbon's coastal region, Vila de Cascais. It is very close to various beaches, including the surfer's paradise Guincho beach, parks, museums, shopping centers and the Casino do Estoril. Located on Lisbon's coast, just minutes from the centre of Vila de Cascais, this hotel is also very close to the 'World Heritage Site' Serra de Sintra, and the largest casino in Europe (Casino Estoril). Plus, it is only about 10 minutes from Quinta da Beloura and 5 minutes from the most prestigious golf courses in the Lisbon region.

The hotel features an indoor pool and a sauna. The outdoor pool and the palm gardens offer Atlantic Ocean views. All rooms at Pestana Cascais feature a spacious balcony and an outdoor seating area, with ocean or garden views. They come with a fully equipped kitchenette, including a fridge. The Oceano restaurant serves Portuguese and Mediterranean cuisine and hosts various theme evenings. The indoor Atlantico lounge bar and the pool bar offer light snacks and drinks.

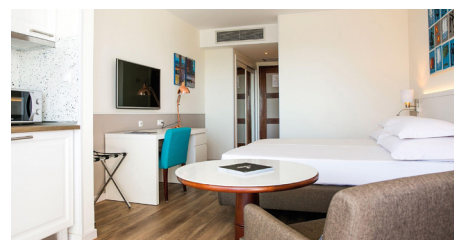
Dialysis will be at the **Diaverum Estoril unit** which is approximately 13 minutes' drive from the hotel. Transport will be provided and the dialysis shift for the group will be the Tuesday/Thursday/Saturday shift 9th, 11th, 13th June 2026 at 6pm (this is the only available shift).

**A member of our team will be with you for the first 5-7 days of the trip.**

Guide price – prices will be quoted and confirmed to you at the time of booking, we are unable to hold any prices, so the price is a guide and once you have completed and returned the booking form, we will be in touch to finalise the details and give you your final quote. Prices include hotel on Bed & Breakfast board basis, flights and return airport transfer. Prices are based on standard twin/double rooms, room upgrades available, prices on request. There is also a £50 dialysis booking fee payable once confirmed for the dialysis arrangement side.

The travel arrangements are via our travel partners The Travel Place.

**Full balance will be due at the time of booking. If you would like to join our group, please complete the booking form and return as soon as possible, and by the 21/04/2026 to [info@holidaydialysis.co.uk](mailto:info@holidaydialysis.co.uk).**



#### Holiday Cost:

8 nights at Pestana Cascais Hotel,  
deluxe room. Bed & Breakfast  
Private transfers included  
23KG luggage per person

#### Manchester

07Jun26 Man – Lisbon 08.10/11.05  
15Jun26 Lisbon – Man 20.15/23.10  
Deluxe room based on 2 people sharing  
Price Guide £1115 per person

#### Luton

07Jun26 Luton – Lisbon 07.35/10.30  
15Jun26 Lisbon – Luton 10.30/13.15  
Deluxe room based on 2 people sharing  
Price guide £1045 per person

#### Gatwick

07Jun26 Gatwick – Lisbon 10.35/13.25  
15Jun26 Lisbon – Gatwick 16.40/19.20  
Deluxe room based on 2 people sharing  
Price Guide £1095 per person

#### Bristol

07Jun26 Bristol – Lisbon 06.55/09.35  
15Jun26 Lisbon – Bristol 18.00/20.35  
Deluxe room based on 2 people sharing  
£1065 per person

Half Board supplement £185 pp  
Deluxe Sea View Room supplement £70 pp  
Deluxe Superior Sea View supplement  
£185 pp  
Deluxe Suite supplement £400 pp  
Single Supplement £600